

### QARDIO HOME HEALTH MONITORING MADE EASY

QardioMD helps your doctor easily monitor your health remotely. You can measure your blood pressure, heart rate, weight and ECG among other health metrics using Qardio's medically accurate devices, and your doctor will receive your health data automatically.

If you have a health condition your doctor may ask you to monitor your blood pressure or weight frequently. Save yourself a trip to the doctor's office and measure your BP, weight or ECG from the comfort of your own home. Your data is safely stored and shared with your doctor via the QardioMD portal in real time for analysis and feedback.

#### **HOW IT WORKS**

- You and your doctor decide which Qardio device is right for you. Download the free
   Qardio App & create an account.
- You'll receive an email invitation from your doctor to share your health data with them.
- Accept the invitation to approve data sharing.
- That's it! Your doctor will automatically receive and analyze your health data while you measure at home

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#### BENEFITS OF REMOTE MONITORING

- Save time and money by reducing routine office visits
- ✓ Your doctor has more information to make accurate diagnosis and take action faster
- ✓ Faster feedback for medication adjustments
- ✓ More accurate measurements from the comfort of home
- ✓ Compact and wireless devices to fit your lifestyle

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#### **QARDIO**ARM

WIRELESS BLOOD PRESSURE
MONITOR YOU WILL ACTUALLY USE



- Medically accurate
- FDA approved
- Easy to use
- Stylish and portable
- Blood pressure
- Heart rate
- ✓ Irregular heartbeat detection
- ▼ Triple measurement
- Relaxation mode



SMART SCALE & BODY ANALYZER WEIGHT MANAGEMENT REDEFINED



- Weight & BMI
- Muscle, fat, bone, water %
- ✓ Innovative Smart Feedback mode
- Pregnancy Mode
- Multiple Users
- Haptic feedback
- Goal tracking



#### **QARDIO**CORE

MEDICAL GRADE CONTINUOUS ECG/EKG MONITOR



- Continuous ECG/EKG
- Heart Rate
- Heart Rate Variability
- Respiratory Rate
- Skin Temperature
- Activity Tracking
- No skin prep, no gels or patches
- Water and splash resistant
- Designed for everyday use

